



	MONDAY, 2-2	TUESDAY, 2-3	WEDNESDAY, 2-4	THURSDAY, 2-5	FRIDAY, 2-6	SATURDAY, 2-7	SUNDAY, 2-8
B R E A K F A S T	Grits Eggs Toast Orange Beverages: Coffee/tea, milk, juice	French toast Bacon Fruit Beverages: Coffee/tea, milk, juice	Cereal Milk Eggs Beverages: Coffee/tea, milk, juice	Pancakes Sausage links Beverages: Coffee/tea, milk, juice	Oatmeal Raisins Cinnamon Beverages: Coffee/tea, milk, juice	French toast sticks Syrup Beverages: Coffee/tea, milk, juice	Omelet (cheese & ham) Toast Beverages: Coffee/tea, milk, juice
L U N C H	Meatball sub Side salad Mashed potatoes Beverages: Water, milk, tea Dessert: Sugar-free Jell-O with fruit	Beef barley soup Roll & Noodles Veggies Beverages: Water, milk Dessert: Cottage cheese with pineapple	Ham & cheese sandwich Chips Veggie sticks Sweet potato Beverages: Water, tea Dessert: Small oatmeal cookie	Vegetable beef soup Crackers Beverages: Water, milk Dessert:	Egg salad sandwich Fruit cup Beverages: Water, milk Dessert:	Cheeseburger (small patty) Fries Coleslaw Beverages: Water, milk Dessert:	BLT sandwich Soup Beverages: Water, milk Dessert: Fruit Roll
D I N N E R	Pork chop slice Brussels sprouts Beverages: Water, decaf	Salisbury steak slice Peas Beverages: Herbal tea, water	Beef roast slice Carrots Beverages: Milk, water	Chicken & dumplings Mashed potatoes Beverages: Herbal tea, water	Meatloaf Gravy Roasted potatoes Carrots Beverages: Herbal tea, water	Pot roast Root vegetables Beverages: Herbal tea, water	TBA Beverages: Herbal tea, water

DIETICIAN SIGNATURE:
